

# Suncoast Quilting Circle

## Sew Day Information

Saturday, March 25, 9:00-2:00

St. Giles Episcopal Church 8271 52nd Street N. Pinellas Park, FL 33781

**Supplies List** – check off the items as you pack up!

- Scissors – fabric and thread
- Rotary cutter
- Quilter's ruler
- Cutting mat
- Squaring tool such as Block Lock or Clearly Perfect Slotted Trimmer (if desired)
- Marking tool such as Frixion Pen, Chalk, pencil, etc. (if desired)
- Pins or clips (if desired)
- Seam Ripper
- Seam roller (optional)
- Travel iron and board (optional – an iron and board will be available in the room)
- Fabric/batting/backing as per chosen community service pattern or your project
- Thread and wound bobbin (save time on the day by pre-winding a bobbin or two)
- Sewing machine & power cord
- Printed pattern if desired
- Bring drinks, snacks and lunch

**Pattern:** Any Pattern or block(s) of your choice, including 4 or 9 patch, to make a lap robe for wheel chairs finishing 32" to 36" wide x 40" to 42" long. Charm squares, or any size squares stitch up quickly into a quilt top, or use strip sets. You can add a border or trim down as needed to arrive at the desired size. A simple inside out strip quilt video for a larger quilt is [here](#). To adapt it for lap robes, you'd need 4 across by 5 rows. A charm quilt video for a larger quilt is [here](#).

**Batting:** Batting is optional for lab robes/quilts.

**Backing:** Flannel or fabric can be used for the backing.

**Easy, No Binding Method (especially for community service projects):** Place the quilt top and backing right sides together. Pin if desired. Select the part of one side that you will NOT STITCH so you can turn the quilt right side out. Stitch a 1/4" seam around the whole quilt except for the opening, backstitching at the start and end. Reach through the opening and turn the quilt right side out, poking out the corners. Use your fingers and an iron or seam roller to roll and then press the edges for a crisp line at the edge, so the back doesn't show along the edges of the front of the quilt. Fold in and pin the opening you used to turn the quilt. Starting at the far side of the opening, stitch at 1/4" around the quilt (you may want to use a walking foot if you have one).

**Any question please don't hesitate to contact me (Marie Kostamo 727-742-3237)**