

# Suncoast Quilting Circle

## Charity Sew Day Information

Saturday, January 21, 2023 9:00-2:00

St. Giles Episcopal Church 8271 52nd Street N. Pinellas Park, FL 33781

**Supplies List** – check off the items as you pack up!

- ☐ Scissors – fabric and thread
- ☐ Rotary cutter
- ☐ Quilter's ruler
- ☐ Cutting mat
- ☐ Seam Ripper
- ☐ Seam roller (optional)
- ☐ Travel iron and board (optional – an iron and board will be available in the room)
- ☐ Fabric as per chosen pattern to make as many lap robes as you want—roughly 1½ yd or equivalent in fabric squares/strips/fat quarters/etc. for each top
- ☐ Flannel or fabric for backing for as many lap robes as you want to make—roughly 1 yd for each
- ☐ Binding strips or fabric if not using the easy, no-bind method
- ☐ Masking tape (optional) or other machine quilting aids to finish the quilt, ready to donate
- ☐ Thread and wound bobbin (save time on the day by pre-winding a bobbin or two)
- ☐ Sewing machine & power cord
- ☐ Walking foot (optional)
- ☐ Printed pattern if desired (see instructions below)
- ☐ Bring drinks, snacks and lunch

**Pattern:** Any Pattern or block(s) of your choice, including 4 or 9 patch, to make a lap robe for wheel chairs finishing 32" to 36" wide x 40" to 42" long. Charm squares, or any size squares stitch up quickly into a quilt top, or use strip sets. You can add a border or trim down as needed to arrive at the desired size. A simple inside out strip quilt video for a larger quilt is [here](#). To adapt it for lap robes, you'd need 4 across by 5 rows. A charm quilt video for a larger quilt is [here](#).

**Batting:** No batting is necessary for lab robes/quilts.

**Backing:** Flannel or fabric can be used for the backing.

**Easy, No Binding Method:** Place the quilt top and backing right sides together. Pin if desired. Select the part of one side that you will NOT STITCH so you can turn the quilt right side out. Stitch a 1/4 " seam around the whole quilt except for the opening, backstitching at the start and end. Reach through the opening and turn the quilt right side out, poking out the corners. Use your fingers and an iron or seam roller to roll and then press the edges for a crisp line at the edge, so the back doesn't show along the edges of the front of the quilt. Fold in and pin the opening you used to turn the quilt. Starting at the far side of the opening, stitch at ¼" around the quilt (you may want to use a walking foot if you have one).

**Quilting:** Simple quilting sufficient to keep the front and back together through many washings is all that is required. There is no need for it to be extensive or elaborate.

**Any question please don't hesitate to contact me (Marie Kostamo 727-742-3237)**